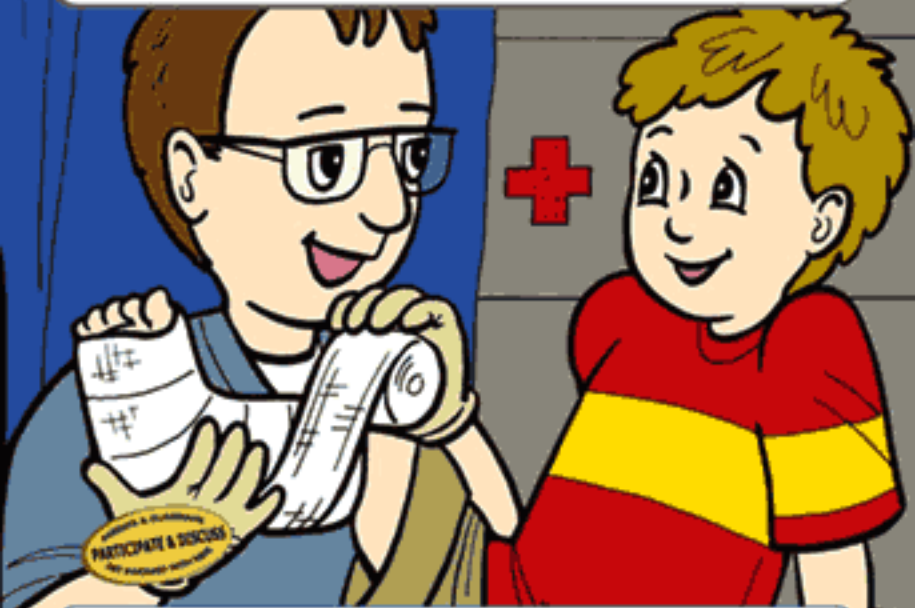


My Trip to the Hospital

CHILDREN'S EDUCATIONAL COLORING & ACTIVITY BOOK



Parents & Children
PARTICIPATE & DISCUSS
THE HOSPITAL VISIT



IOH West
317-268-3600

IndianaOrthopaedicHospital.com
317-956-1000

IOSC
317-884-5255

My Trip to the Hospital



This book belongs to

**We were playing hide and seek
in the back yard.**



**I hid behind this big, old tree, and tripped on a root
and fell down. I hurt my foot. "OUCH!" I yelled.**

They took me to the Emergency Room. That's where you go when you get sick or hurt.



I met a lot of nice people who really cared about my sore foot.

The doctor came in to examine my foot. "Uh, oh!" he said.



"You've got a good boo-boo there. We have to take an x-ray picture but I think that you have broken your foot."



"Sometimes when my mom breaks something like a dish, she throws it away." "We're going to fix your foot. We never throw away a good foot!" he said.

**They wheeled me to the x-ray room.
It looked like a spaceship.**



The x-ray showed all the bones in my foot. Did you know that we have 26 bones in each foot? That's a lot of bones.

The doctor was right! The x-ray showed that a bone in my foot was broken.



"We're going to put a cast on your foot so that the bone will stay still and heal faster."

How will I walk with the cast on my foot?



They gave me crutches and showed me how to use them.
It was kinda fun after I figured out how they worked.

**I left the Emergency Room
with a new cast on my foot.**



**New crutches. And some new friends. It'll be fun
decorating my cast. But, next time, I'm going to be a
LOT more careful when I play hide and seek!**

DECORATE THE CASTS.

Draw lots of fun things on the casts.



BONE ZONE

FUN FACTS ABOUT BONES:

THERE ARE **206** BONES IN THE **HUMAN BODY**

WITHOUT **BONES**, YOUR BODY WOULD BE
LIKE A BLOB, A BAG OF JELLY.

BONES CAN'T BEND.

THERE ARE **JOINTS** IN YOUR SHOULDERS AND
HINGES IN YOUR KNEES.

BONES KEEP YOUR BODY SAFE.

YOUR **RIBS** PROTECT YOUR HEART AND LUNGS.

YOUR **SKULL** PROTECTS YOUR BRAIN,
YOUR INNER EAR AND YOUR EYES.

BONES ARE STRONGER THAN CONCRETE.

YOUR **FUNNY BONE** ISN'T REALLY A BONE,
IT'S A NERVE AT THE END OF YOUR ARM.

WHICH ONE IS DIFFERENT?





THE WORDS ARE ALL MIXED UP.

Can you unscramble the words?

HINT: The word begins with the letter in black.

1. **s**thoplia _____
2. r**x**ya _____
3. s**n**rue _____
4. o**c**ordt _____
5. s**a**ct _____
6. n**o**ebs _____
7. r**e**caluf _____
8. k**o**rebn _____

Find the Bones

Circle the parts of the body that are bones.

Heart

Femur

Lungs

Skull

Ribs

Hand

Tonsil



FILL IN FUN

Fill in the missing word.

- 1. The hospital has an emergency _____.**
- 2. X-rays take a _____ of your bones.**
- 3. The doctor puts a _____ on a broken bone.**
- 4. _____ help you walk when you have a cast.**
- 5. When you get sick or injured, you go to the _____.**

Laughter

is the Best Medicine

1. Why did the cookie go to the hospital?
2. What did one tonsil say to the other tonsil?
3. What did one eye say to the other eye?
4. Doctor, I think I am a caterpillar!
5. When does a doctor get mad?



Answers:

1. She was feeling crummy!
2. Did you hear the doctor's taking us out tonight?
3. Between you and me something smells.
4. Don't worry, you'll change soon.
5. When he runs out of patients.

My Trip to the Hospital

*I promise to always be careful when
I'm playing to prevent injury to myself
and my friends.*

Sign your name here



Conforms to ASTM D-4236
Intended for ages 3 years & up
<http://www.gpsa.org>
Lic #090009
Printed in the USA