

Benjy Talks About **Blood Donation**

CHILDREN'S EDUCATIONAL COLORING & ACTIVITY BOOK

**BLOOD
DRIVE**



INSPIRE & ENCOURAGE
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THE AMERICAN RED CROSS



**American Red Cross
Northeast Georgia Chapter**

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"Helping The Red Cross, Helps America"

Benjy Talks About Blood Donation



This book belongs to

Hi, I'm Benjy, the Blood Donation Bear.



Did you know that every two seconds every single day someone in a hospital needs blood? That's why it's so important to be a blood donor.

Blood is the red stuff that you see when you skin your knee or get a paper cut or an ouchie.



Blood is made of:

- **Red blood cells**, which carry oxygen throughout the body
- **White blood cells**, which fight infections
- **Platelets**, which are cells that help you stop bleeding if you get a cut
- **Plasma**, a yellowish liquid that carries nutrients, hormones, and proteins throughout the body

Doctors give patients the parts of the blood that they need.



- **Red cells are given to patients who are sick with kidney or liver disease.**
- **Plasma is given if they've been in an accident or are in shock.**
- **Platelets are given to people who have serious blood diseases.**

Volunteers donate their blood so that people can have blood transfusions.



It's not a big deal to give blood if you're healthy. They only take a pint and we have 10-12 pints in our bodies. Over time our bodies make new blood to replace any blood that is donated. I'll bet you know lots of grownups who have donated blood.



Donated blood is so valuable that they call the place that collects it a bank. A blood bank!

People who have certain illnesses such as hepatitis or an HIV infection aren't allowed to donate blood. This is because they could pass their sickness on to another person through a blood transfusion.



What's your type?

A
Negative

A
Positive

B
Negative

B
Positive



O
Negative

O
Positive

AB
Negative

AB
Positive



It's all red, but blood is not the same. There are eight blood types, using the letters A, B, and O. Hospitals and blood banks are very careful with donated blood and make sure the person gets the right type.

Someone might need a blood transfusion when they're sick or if they lose blood. Without enough healthy blood, the body won't get the oxygen and energy it needs.



Healthy blood also protects you from germs and other invaders.



**Donating blood is really, really important.
One pint of blood can save up to three lives.**

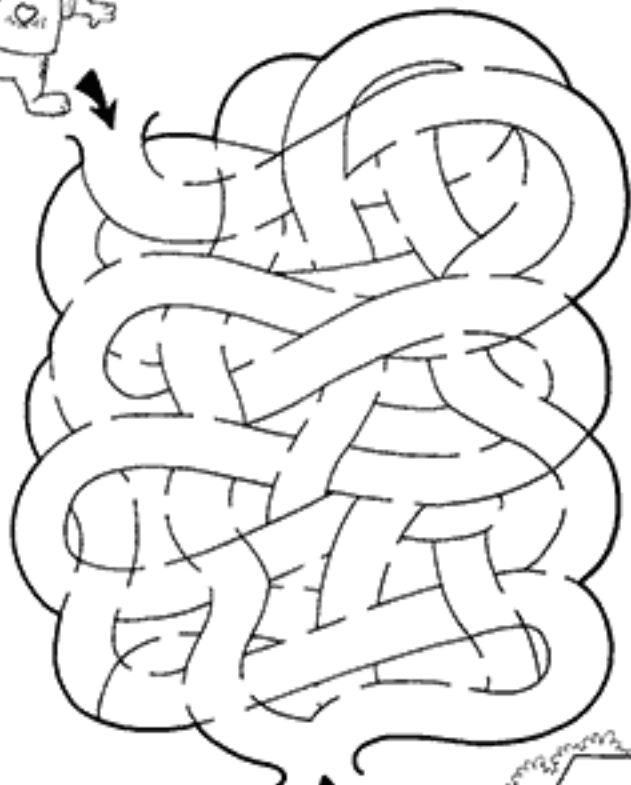
Kids aren't allowed to donate blood. You have to be 16 or 17 years old depending where you live.



**But kids can talk to grownups about donating.
And when you're older, you can give blood, too!
It really is the gift of life.**

A-MAZING!

Help Benjy find his way to the
blood donation area.



THE WORDS ARE ALL MIXED-UP.



Can you unscramble the words?

HINT: The word begins with the letter in **black**

1. **o**bdlo _____
2. ka**b**kn _____
3. y**p**et _____
4. on**d**ro _____
5. i**g**ev _____
6. mla**p**sa _____
7. ton**e**da _____
8. voits**p**ie _____

FILL IN FUN



Fill in the missing word.

- 1. It's important to be a _____ donor.**
- 2. Every two _____ someone needs a transfusion.**
- 3. You have to be an _____ to give blood.**
- 4. Kids can ask grownups to _____ blood.**
- 5. One _____ of blood can save three lives.**

WHICH ONE IS DIFFERENT?

What's different about Benjy the Blood Donation Bear?

1



2



3



4



5



It's Time to Laugh!

QUESTIONS:

1. What is a bear's favorite drink?
2. Why do bears have fur coats?
3. What time is it when three bears are chasing you?
4. Why is a polar bear cheap to have as a pet?
5. What animal do you look like when you get into the bath?
6. What do you get if you cross a teddy bear with a pig?
7. How do you start a teddy bear race?



ANSWERS:

1. Coca-Cola!
2. Because they'd look stupid in raincoats!
3. Three after one.
4. It lives on ice!
5. A little bear!
6. A teddy bear!
7. Ready, teddy, go!

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*I promise to tell all the grownups I know
about how important it is to donate blood.
And to do it myself when I am old enough.*

Sign your name here



PLEASE
DONATE
TODAY!

Conforms to ASTM D-4236
Intended for ages 3 years & up
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